## Amendments to the Specification:

Please replace the paragraph beginning on page 3, line 14, with the following rewritten paragraph:

In summary, the above-described objectives are achieved by the following embodiments aspects of the present invention.

Please replace the paragraph beginning on page 5, line 9, with the following rewritten paragraph:

(7) The holographic recording medium according to (3) or (4), wherein the two substrates are made of optical glass plates formed by <u>dispersionseparating</u>, into an optical glass material, a light-absorbing material for absorbing or reflecting light at least in the range of shorter wavelengths out of the ranges of longer wavelengths and shorter wavelengths than the certain range of wavelengths across the recording wavelength, and transmitting light in the certain range of wavelengths selectively.

Please replace the paragraph beginning on page 12, line 19, with the following rewritten paragraph:

Fig. 8 shows the light transmittance and conversion sensitivity when a photosensitive material having a thickness of 100 μmm, containing 1.5% of IRGACURE 784 from Ciba Specialty Chemicals, was used as the foregoing recording layer.